## **HEALTH ASSESMENT INSTUCTIONS**

## PRE DEPLOYMENT (DD2795) POST DEPLOYMENT (DD2796)



(Step 1) Access MHA through

If there is no desktop short cut, open EDGE and type in <a href="https://rc.mods.army.mil/MHA/Home/Default.aspx">https://rc.mods.army.mil/MHA/Home/Default.aspx</a>

(Step 2) Select MHA (PHA/MHA/Referral Tracker)



(Step 3) Select your certificate. Go to More Choices and scroll down to look for your name. Select your name <u>without</u> the email. If you do not see your name, close the box and retry.



(Step 4) Enter your CAC pin number

(Step 5) Select AGREE to the MHA Application Login

(Step 6) Select FORMS at the top right corner.



## (Step 7) Select your form

