

Instructions for completing the DD Form 2795 (Pre-Deployment Health Assessment)

1. Logon to AKO
2. Find and click on the “Self Service” button at the top right of the page
3. Click on “My Medical”
4. Under Medical Self Service Resources (My medical Readiness tab), click on “Health Assessments”
5. Move your mouse to the “Deployment Health Assessments” Bar and click on the blue “Deployment Health Assessment” link.
6. Click on the “DD Form 2795 Pre-deployment Health Assessment”
7. Click on “Start New Survey” and complete the form.
8. After completion, print the form and send a copy of it in to your Administrative POC with the rest of your medical information.